

CONFIDENT GIRLS

Give every girl a chance

FUNDRAISING INFORMATION FOR ADULTS

“Netball has given me the structure, discipline, role models and self-confidence to be the coach and leader I am today. It has tested me and given me the place to apply my drive and passion for excellence and continuous learning.”

—Lisa Alexander, Australian Diamonds Head Coach

As a parent or guardian, teacher, volunteer, netball coach or administrator; you may be approached by young netballers about raising funds for *Confident Girls*.

Confident Girls is the grassroots fundraising campaign of the Netball Foundation, which aims to help women and girls achieve their full potential both on and off the netball court.

We know that sport is a powerful tool for empowering girls to be fit, healthy and strong. It's also a great way to have fun, build friendships and self-confidence.

The *Confident Girls* campaign aims to give disadvantaged girls (who might not otherwise have the chance), an opportunity to play netball and in doing so, expose them to the many benefits that sport provides.

If you are talking about the *Confident Girls* campaign with a young fundraiser, we encourage you to reinforce why we believe everyone should have access to the benefits of playing sport.

WHY SPORT MATTERS

