

CONFIDENT GIRLS

Give every girl a chance

FUNDRAISING INFORMATION FOR THE COMMUNITY

“I owe so much to netball. Having lost my father at a young age it provided me with a sense of belonging – a second family. This was important not just for me but also my mother who needed to be sure I was safe, cared for and happy. Simultaneously, I was developing important life skills such as discipline, teamwork and leadership, and learning that you win some you lose some! Netball...it’s more than just a game.”

—Kathryn Harby-Williams (94 test caps, Australian Captain)

Every week, millions of women and girls around Australia walk off the netball court with the confidence that comes from being part of a team, enjoying the bond of a shared experience and the benefits of regular exercise. They also build the kind of resilience that is learnt from winning and losing, and taking the good with the bad.

But for many reasons, not all girls have the chance to participate. In Australia, more than 600,000 children live below the poverty line and don't have the opportunity to be part of a sporting team. By supporting *Confident Girls* you are giving disadvantaged Australian girls the opportunity to play netball. More importantly, you're helping to give girls a chance to have fun, make friends and be healthy, confident and resilient.

At Netball Australia we know that sport is a powerful tool for empowering girls to be fit, healthy and strong. So by supporting *Confident Girls*, you are giving more girls the chance to be the best they can, both on and off the court.

WHY SPORT MATTERS

