

# CONFIDENT GIRLS

Give every girl a chance

## FUNDRAISING INFORMATION FOR NETBALL CLUBS AND ASSOCIATIONS

“Every day I am reminded how Netball has shaped my life and shaped me as a person. Life skills learned of working hard and extending yourself to be the best you can be, of accepting and learning from disappointments and of rejoicing and celebrating success – and that there is no end point to success. That as well as remarkable athleticism there is also great integrity and passion. And the extraordinary women I have played with and against, or been coached by, have become my mentors, and teammates have become lifelong friends and my extended family.”

—Anne Sargeant OAM (52 test caps, Australian Captain)

The Netball Foundation’s vision is to help women and girls achieve their full potential – both on and off the netball court. As the grassroots fundraising campaign of the Foundation, *Confident Girls* is specifically about giving disadvantaged girls the chance to thrive by providing an opportunity for them to become involved in our game.

We know that sport is a powerful tool for women’s empowering girls to be fit, healthy and strong. It also helps to build selfconfidence and friendships.

We encourage all netball clubs and associations to become involved in fundraising for *Confident Girls*. If a lot of people wholove netball give a little, more girls will benefit from our game!

Fundraising can take place at any time, but we have nominated May (when netball is in full swing at clubs and associations around Australia) as a key time to run a fundraising event. The Netball Foundation will highlight the work of clubs and associations across its social media channels and there are some great prizes up for grabs!

## WHY SPORT MATTERS

