

CONFIDENT GIRLS

Give every girl a chance

FUNDRAISING INFORMATION FOR SCHOOLS

“I believe that Netball has had a huge influence on shaping me into the person that I am today. Over the years I learnt many lessons, some were certainly tough lessons, but all were important to learn. Personal traits such as teamwork, friendship, leadership, trust, resilience and mental toughness are the outcomes of the lessons I have learnt and I feel proud that I have been able to take these traits and apply them in all aspects of my life.”

—Natalie von Bertouch (76 test caps, Australian Captain)

Confident Girls is the grassroots fundraising campaign of the Netball Foundation, which aims to help women and girls achieve their full potential both on and off the netball court.

We know that sport is a powerful tool for empowering girls to be fit, healthy and strong. It's also a great way to have fun, build friendships and self-confidence.

The *Confident Girls* campaign aims to give disadvantaged girls (who might not otherwise have the chance), an opportunity to play netball and in doing so, expose them to the many benefits that sport provides.

If your students ask about the possibility of holding a *Confident Girls* fundraising event, we encourage you to support their efforts and reinforce the positive impact that they can have on the lives of Australian girls who might not otherwise have a chance to experience a team sport like netball.

WHY SPORT MATTERS

