

# CONFIDENT GIRLS

Give every girl a chance

## FUNDRAISING INFORMATION FOR WORKPLACES

“From a young age netball has been a huge part of my life, and it has had an enormous influence on the person I have grown to be. It’s not the gold medals or the world championships that have done this. Rather it is the friendships I have made, the horizons that have opened up and the confidence that being part of a team brings. It is thinking of my body in terms of what it can do rather than how it looks, it is learning to win humbly and lose graciously, it is respecting myself and my opponent, it is being able to deal with pressure, it is understanding that leadership is a privilege. It is, quite simply, a way of life!”

—Liz Ellis AM (122 test caps, Australian Captain)

At Netball Australia, we believe that sport is a powerful and important tool for gender equality and women’s empowerment. The Netball Foundation’s *Confident Girls* campaign is about giving disadvantaged girls the chance to thrive by exposing them to the many benefits of playing netball.

We invite you to get behind the efforts of your office fundraisers and reinforce the positive impact that they can have on the lives of Australian girls who might not otherwise have a chance to experience a team sport like netball.

## WHY SPORT MATTERS

